



Tribal STAR Drumbeats

Volume III

Spring 2005

PARTNERS:

INDIAN HEALTH COUNCIL, INC.
Romelle McCauley,
Director of Operations

INDIAN SPECIALTY UNIT
SAN DIEGO COUNTY, HHS
Robert White,
Supervisor

SOUTHERN INDIAN HEALTH
COUNCIL, INC.
Lydia Rochfort
ICWA Program Director

INDIAN CHILD & FAMILY
SERVICES
Luke Madrigal,
Executive Director

TRIBAL STAR TEAM:
Dana Allen,
Project Coordinator

Tom Lidot,
Curriculum Coordinator

Margaret Orrantia,
Assit. Project Coordinator



School of Social Work
College of Health & Human Services

SDSU SCHOOL OF SOCIAL
WORK
Dr. Anita Harbert,
Director/Principal Investigator

ACADEMY FOR
PROFESSIONAL
EXCELLENCE
Don Dudley, Director
Linda Walker, Asst. Director

*"Promoting Excellence
in Human Services"*

A View from the SUMMIT!

A Summit of Tribal and non-Tribal Managers and Supervisors to Increase Positive Outcomes for Tribal Foster Youth was piloted on an overcast Wednesday, March 23, 2005 at Mission Trails Regional Park. Folks from as far away as Fresno, Central Valley, and Tule River attended alongside a mostly San Diego-based contingent. This was going to be a test of merging or diverging intentions - and everyone passed. According to the sign-in sheet - we lost only one person throughout the day, a good sign.

It was 2-days of training crammed into one exciting and emotional day. One participant wrote "I especially liked the mix of the trainers...it provided a good mix of intellect and emotion - the synthesis of both is where you find the "Wise." Another participant wrote "The Tribal members who came from various places and experiences were also important...because they underscore from their own voices what the training is all about."

Based on the content of the discussions and the questions raised there needs to be more exploration



Participants At The Tribal STAR Summit

on how to improve communication between Tribal and non-Tribal entities. An attorney asked "When we need a timely response from the Tribes about a specific case, and we're not getting any responses - what do we do?" Tribal STAR would like to explore this issue further, if you have any input or would like to be involved in this discussion, please contact us.

The Youth and Provider Panels illustrated the challenges and tensions that occur among and between Tribal and non-Tribal providers. Many Tribal youth and families in the CW System are unaware of the resources available to them and need our support to make sure they find an outstretched hand.

(Cont'd on page 2)



Marilyn Robinson, Trainer and Linda Walker, Asst. Director of the Academy for Professional Excellence enjoying a break in the Summit activities. Behind Marilyn and Linda is Carol Banegas, Social Worker for the

Southern Indian Health ICWA Program.

Inside this issue:

A View From The Summit	1
Tribal STAR Tips For Cross-Cultural Training	2
Santa Ysabel Social Services Department Updates	3
Foster Youth Education Opportunities	4-5
Tidbits, Stories, etc.	6

View From The Summit



Lizard Clan Leader, Liz at Summit

Cont'd from Page 1

We are thankful to each of the panel members for sharing their lives with us as we work together to improve outcomes for Tribal foster youth, our families, and communities.

Resources are definitely lacking for all of our programs, which is why collaboration is such a critical agenda item for providers. It became clear at the Summit that there is a clear need to increase the number of Indian homes certified to become foster families. Currently there are two programs recruiting and seeking to certify Indian homes. They are the Santa Ysabel Social Services Department and can be reached at: P.O. Box 130, Santa Ysabel, CA 92027 and by phone at (760) 765-1093, and Recruiting Rural Parents for Indian Children, Karen Garcia and Deb Tillman work for this program and can be reached toll free at 1-877-286-6208. If you are interested in becoming a foster parent and you are American Indian, call these programs for information and next steps to take.

A copy of the formal evaluation report written by James Coloma, Research and Development Specialist, is available at our website at <http://pcwta.sdsu.edu/TribalSTAR>. For more information about the Summit and future trainings, visit our website or call Margaret Orrantia at 619-594-3217.



Tribal STAR Tips For Cross-Cultural Training

Tribal STAR Tips for Cross-Cultural Training

In order to effectively increase understanding of the complex issues surrounding Child Welfare Services for Tribal youth it is necessary to illuminate historical events and how they have shaped today's Tribal and non-Tribal relationships.

Key topic areas that increase understanding include how **federal policies** relating to *relocation*, and *assimilation* (e.g.: by putting Indian children in Boarding Schools) resulted in the break-up of Indian families and Indian family systems. Consequently, many youth who became adults through the boarding school system did not receive traditional teachings about how to raise children, how to be a good parent, and had few role models on how to maintain a healthy sense of cultural identity while also existing in contemporary society. Resulting unresolved **grief and**

loss issues have been identified as antecedents for many of the self-destructive behaviors that are seen among Native youth today, and as contributing factors to many of the currently identified health disparities (substance abuse, homicide, diabetes, etc.) Native Americans experience when compared to other ethnic/cultural groups.

Training Natives and non-Natives about these issues is a challenging task that requires each trainer to have confidence and resolve to thoroughly cover key topic areas while maintaining a collaborative and optimistic spirit. The risks are that non-Natives can feel guilt or shame to a point where they close themselves off from the experience. Additionally, Natives may feel this is the time to illuminate local historic and even personal-familial events that

Cont'd on Page 3

Santa Ysabel Social Services Department Update

The Santa Ysabel Social Service Department has been busy this past quarter collaborating with outside agencies to improve services to our tribal foster children. Director, Linda Ruis, Reunification Caseworker, Misty Taylor, and Prevention Caseworker Paul Gonzales are involved in the Indian Advisory Committee at Warner School and are scheduled to attend the Julian School Meeting in June.

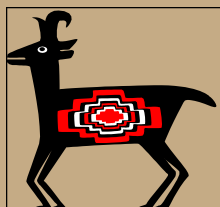
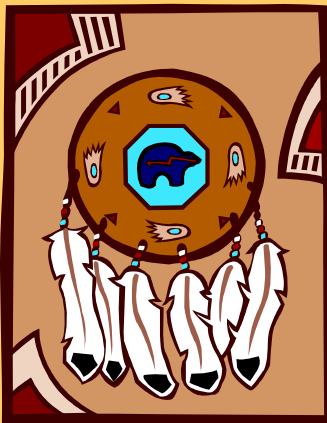
The Social Service Department is still actively recruiting foster homes and have a list of 25, and growing, tribal members willing to be trained and licensed. The Santa Ysabel Tribal Council has signed an MOU with Valley Oaks Foster Licensing Agency to start training this month. They hope to have the first five homes licensed in the next 60 days.

Along with attending ICWA trainings, protecting children from alcohol and substance abuse confer-

ence, domestic violence collaboration meeting, BIA consultations, Kumeyaay Language Institute meetings, the staff are planning to attend the NICWA Conference at the end of the month.

Every other Friday from 4:00pm to 5:00pm, Prevention Caseworker, Paul Gonzales, has a support group/ talking circle for youth ages 5 to 12 years. Every Wednesday from 4:00pm to 5:00pm, the Alcohol Drug Awareness Program (ADAP) meets with students who have been referred from the school districts. Every Sunday at 4:00pm, Prevention Caseworker Paul Gonzales also has a Drum Group for all tribal members to participate in.

The Santa Ysabel Tribal Council is also pleased to announce that Reunification Caseworker, Misty Taylor has been appointed to the Native American Women Inter-tribal Council Board for a domestic violence shelter for Native Women. Director, Linda Ruis, has been voted in as the Secretary for the Kumeyaay Nation Tribal Leader Consortium.



Tribal STAR Tips for Cross-Cultural Training *Cont'd from Page 2*

relate to federal policies, grief and loss, Tribal mistrust, and may vent their frustrations at representatives of local non-Native

programs. Steps that can help achieve understanding during the training session:

- 1.) Acknowledge that these historic events are in U.S. History, and as residents of the U.S. we all share this history, some closer than others.
- 2.) Illuminate apologies by the Child Welfare League of America and the Bureau of Indian Affairs and that current CW systems are recognizing that active efforts are needed to rectify these issues. This is why we're all here today!
- 3.) Build on collaborative discussion and use the group's emotional charge to brainstorm new

ways to work together.

- 4.) Ask a local Tribal Elder to be part of the training and ask their support for this specific segment with the goal to end this section in a positive manner.
- 5.) End this section with time dedicated to the discovery of contributions Native peoples have made to contemporary society.

The website is located at <http://pcwta.sdsu.edu/TribalSTAR>. Tribal STAR provides training and technical assistance to increase positive outcomes for Tribal foster youth by ensuring access to culture, community, and resources. For more information, please call Margaret Orrantia at 619-594-3192 or email at marrantia@projects.sdsu.edu

###

Tribal STAR Interdisciplinary Participant Manual, page 98
Check upcoming Fact Sheet on Protocol at <http://pcwta.sdsu.edu/TribalSTAR>
Ibid

**This Article prepared by Tom Lidot,
Tribal STAR Curriculum Coordinator**

Scholarships for Foster Children in Postsecondary Programs

The Casey Family Scholars Program provides up to \$10,000 for foster children to attend college or other types of postsecondary training programs. Administered by the Orphan Foundation of America (OFA), the program targets young adults ages 18 to 25 who were in foster care (or were wards of the court) for at least 12 months at the time of their 18th birthday and were not subsequently adopted. Scholarships are renewable each year based on satisfactory progress and financial need. Those receiving scholarships also receive ongoing support through the OFA's Mentor (virtual mentoring) program. Part I of the application can be completed online and must be submitted by March 31, 2005. For more information on the scholarship program and the application process, visit the OFA website at www.orphan.org/scholarships.html.

Morris K. Udall Foundation Native American Congressional Internships

The Morris K. Udall Foundation provides 12 Native American students (members of recognized tribes), who are college junior, senior, graduate or law students, or graduating from a tribal college with \$1,200 plus airfare, dormitory lodging, and a daily allowance to learn about the federal government. Interns work full time in

congressional offices. Participants will also receive practical experiences in the legislative process, and governmental proceedings. Applicants can be enrolled in any type of college or university, including a Tribal College. Dissertation support is also available for individuals working in environmental policy/conflict resolution. Application guidelines are available at <http://www.udall.gov/prog.htm>. **Deadline: January 31.**

Dollars For Scholars

Dollars For Scholars, a local, home-grown, organization provides scholarships for those foster youth wanting to continue their education.

At the age of 18 all San Diego foster youth lose all funding sources for housing, food, and post secondary education. Our goal is to expand the educational opportunities for these foster students by providing mentors and financial support.

For more information call: Fostering Opportunities, Dollars For Scholars at: (619) 226-4133.

Featured Scholarship Site Association on American Indian Affairs Scholarships

Since 1922, the Association on American Indian Affairs has been dedicated to helping Native people and their communities in meeting the challenges they face. One of

these challenges is that of paying for a higher education. AAIA assists college students in meeting this challenge through our seven scholarship programs. AAIA offers two graduate fellowships, and five undergraduate scholarships, one of which is available to students from state recognized tribes or those tribes seeking federal recognition. Funding of these scholarships depends on the generosity of our donors therefore, availability may change from year to year.

Graduate (MASTERS) Programs
Sequoyah Graduate Fellowship
Florence Young
Memorial Scholarship

Graduate (MASTERS) and Undergraduate (BACHELORS/ASSOCIATES) Program
Elizabeth and Sherman Asche
Memorial Scholarship Fund

Undergraduate (BACHELORS/ASSOCIATES) Programs
All Logan Slagle Memorial Scholarship

Displaced Homemaker Scholarship

David Risling Emergency Aid
Scholarship

Emilie Hesemeyer Memorial
Scholarship

Adolph Van Pelt Special Fund for
Indian Scholarship

<http://www.indian-affairs.org/>



Dedicated To The Native American

By Bob San and Judy Riley

From eNews, April 21, 2005

Four years ago, Lisa Rainbow came to the University of Minnesota, Morris, (UMM) because of its strong academic program. This Spring, she is graduating. And, she says, she couldn't have done it without UMM's American Indian Tuition Waiver.

"I came (to UMM) with my belongings and no money, (but) the tuition waiver program saved me because my family is unable to support me financially," says Rainbow, a sociology major and member of the Spirit Lake Nation in North Dakota.

The history of UMM American Indian Tuition Waiver is rooted to the campus grounds. In 1887, the Sisters of Mercy (an order of the Roman Catholic Church) established the American Indian Boarding School on the site that is now the Morris campus.

"The boarding school was part of a government effort to mainstream Indian children," explains UMM chancellor Sam Schuman. "The Sister of Mercy surely thought they were doing a good and useful thing, but from today's perspective, the off-reservation boarding schools were not a good idea. They were a place that took kids out of their families, out of their communities, and imposed upon them most of the conventions of the majority culture. (The students) weren't allowed to speak their own language; they were dressed up like white, middle-class workers."

However, the nation's Indian boarding schools began closing by the early 1900's, says Schuman. At about the same time, the Sisters of Mercy turned over their school—its land and buildings—to the federal government.

"The nuns had one requirement in the transaction," says Schuman. "No matter what institution was built on the land, American Indian students would be given an education there for free. It was a condition the federal government accepted."

UMM has honored this promise since its founding in 1960, waiving tuition for American Indian students it admits. To be eligible for the tuition waiver, students must meet UMM admissions requirements and show documented proof of their American Indian heritage or ancestry. Applicants are not required to be residents of Minnesota.

For the full article highlight the address below and copy it to your internet service provider:

[http://www1.umn.edu/umnnews/Feature_Stories/
Dedicated_to_the_Native_American.html?enewsemail](http://www1.umn.edu/umnnews/Feature_Stories/Dedicated_to_the_Native_American.html?enewsemail)

Featured Scholarship Site

Indian Health Service Office Of Management Support

In the Indian Health Care Improvement Act (hereinafter "the Act". Public Law 94-437, the congress and the President of the United States established a national goal "to provide the quantity and quality of health services which will permit the health status of Indians to be raised to the highest possible level and to encourage the maximum participation of Indians in the planning and management of those services".

To accomplish this goal, the Indian Health Care Improvement Act (IHCA) and its subsequent amendments of 1980, 1988, 1992, and 1996 authorize the IHS to conduct three interrelated scholarship programs to train the professional health personnel necessary to staff IHS health programs serving the Indian people. If you would like further information regarding the benefits, policies and application information please contact our offices at:

Indian Health Service
Scholarship Program
12300 Twinbrook Parkway,
Suite 100
Rockville, Maryland 20852
Phone: 301-443-3396
[http://www.ihs.gov/
JobCareerDevelop/DHPS/SP/
spTOC.asp](http://www.ihs.gov/JobCareerDevelop/DHPS/SP/spTOC.asp)



Thanks To Tribal STAR Team!

I offer my most sincere appreciation to the Tribal STAR Team (Tom, Margaret, Angie and Penelope) for contributing their spirit and energy to the project during my maternity leave. Having the opportunity to focus on Sophia's introduction to our family was so important.

During this time, I had complete peace in knowing that you were working so diligently to continue our work with the project. As a team, you accomplished great things, such as developing and facilitating the Tribal STAR Summit for Managers and Supervisors. It is a blessing to work with all of you!

Dana Allen, Tribal STAR Training Coordinator

American Indian Belief Systems and Traditional Practices

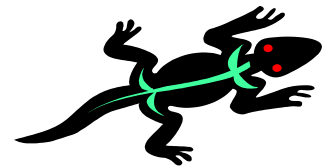
"American Indian values lean toward a cosmic identity, a harmony of the individual with the tribe, the tribe with the land, and land with the spirit of the universe. Central to this quest for harmony is a sense of constancy—the timelessness and predictability of nature as the foundation of existence.

Indian values are interwoven throughout American Indian culture, lifestyle, religion, and daily activities. Many values are reinforced through the use of ceremonies (Edwards & Edwards, 1980). Tribal ritual and ceremonial practice provides a code for ethical behavior and social organization which contribute to the meaning of life. It also provides a means for intervening in individual and social dysfunction.

Traditional American Indian beliefs about health, as well as all aspects of living, evolved from Indian religion. Health is not just the absence of disease; it is harmony with oneself, including body, mind, and spirit, harmony with others, and harmony with one's surroundings or environment. Therefore, the concepts of spirituality and religion are inseparable from one's health."

Betty E.S. Duran, MSW, MPH

*The University of Oklahoma
April 2002*



WISDOM
Anonymous

The Creator gathered all of Creation and said, "I want to hide something from the humans until they are ready for it. It is the realization that they create their own reality."

The eagle said, "Give it to me, I will take it to the moon."

The Creator said, "No. One day they will go there and find it."

The salmon said, "I will bury it on the bottom of the ocean."

"No. They will go there too."

The buffalo said, "I will bury it on the Great Plains."

The Creator said, "They will cut into the skin of the Earth and find it even there."

Grandmother Mole, who lives in the breast of Mother Earth, and who has no physical eyes

but sees with spiritual eyes, said, "Put it inside of them."

And the Creator said, "It is done."

Tribal STAR invites you to submit dates, times and locations of events your Reservation or Agency is sponsoring and we will include that information in our "Grapevine" section of the newsletter. Please send the announcements for your events to: morrantia@projects.sdsu.edu. The newsletter is published quarterly, Spring, Summer, Fall and Winter. If you have questions call or e-mail the editor, Margaret Orrantia.

Tribal STAR Academy for Professional Excellence

6505 Alvarado Road Suite 107

San Diego, CA 92120

Phone: (619) 594-3546

Fax: (619) 594-1118

<http://pcwta.sdsu.edu/TribalSTAR>

This document was made possible by grant 90CT0110 from the Children's Bureau, Administration on Children, Youth and Families, U.S. Department of Health and Human Services. The contents are solely the responsibility of the authors and do not represent the official views or policies of the funding agency. Publication does not in any way constitute an endorsement by the Department of Health and Human Services.